

## 1. THE IBU CONSTITUTION

### 1.3.1

The IBU shall have all rights pertaining to World Championships, Youth/Junior World Championships, Biathlon World Cup events, as well as Continental Championships, Continental Cups, **IBU Cups** and Grand Prix. Any other international Biathlon event or competition with the intended participation of Athletes of IBU Member Federations will need prior authorization by the IBU and the respective Member Federation.

### 1.8 Fiscal Year

The Fiscal year of the IBU begins on **1 May and ends on 30 April**.

## 2.6 Rights of Full Members

### New 2.6.1

**Each Member Federation has the right:**

**a. to be heard in all matters which concern the Member Federation and to lodge an appeal;**

b. to nominate representatives to officiate in the IBU;

c. to enter its Athletes for IBU competitions and all other competitions authorised by the IBU in accordance with the entry regulations for these competitions;

d. to organize international Biathlon competitions that have been approved by the IBU;

e. to inspect all agreements signed by the IBU as well as all agreements that concern the interest of the Member Federation or contain any liability for it and to be heard in such matters if need be.

### new 2.6.2

***Each Member Federation that is active in winter and/or summer biathlon has a right to participate at the IBU Congress, to file motions with the Executive Board and with the Congress and to exercise the right to vote, if the membership fee has been paid annually and in full for each fiscal year of the IBU.***

***In order to be considered an active Member Federation, a Member Federation must organize national competitions or take part in official IBU competitions every year.***

## 7.5 Passing of Resolutions

The Executive Board shall be competent to pass resolutions if at least 50% of its voting members are present. All resolutions can be passed by a simple majority.

**Decisions that concern the development of world biathlon and that require any financial expenses can only be passed by a two-thirds majority.**

If there is a tie, the Chairperson's vote will be the deciding vote. There will be no voting by proxy. Resolutions may also be passed in writing, by telefax, by electronic mail or by telephone if no member of the Executive

Board objects to this procedure.

## 2. THE IBU DISCIPLINARY RULES

### 7.9.2

Athletes belonging to the IBU Registered Testing Pool that infringe their duty under the IBU Anti-Doping Rules to timely report their **whereabouts for the first time within an 18 month period, they and their National Federation will be warned in writing; for the second time within an 18 month period: They will be fined 300 €; for the third time within an 18 month period they shall be deemed to have committed an Anti – Doping Rule violation.**

### 8.2.2

A Member Federation that does not inform the Medical Committee of the IBU in writing about the use of admissible substances which must be registered before the start of a competition will be sentenced to a fine of **1,000 €** if the use is revealed at a doping control by the laboratory. The same fine will be imposed on a Member Federation that does not fulfill its obligations under Article 3 of the Anti-Doping Rules or that does not coordinate the reporting of the whereabouts of its Athletes belonging to the IBU Registered Testing Pool or who have been selected for Target Testing.

Furthermore, a fine of the sum of **1,000 €** will also be imposed on a Member Federation if more than one Athlete or more than one Person from this Member Federation commits a violation of the IBU Anti-Doping Rules **during a 12 month period.**

## Art. 11. IBU COURT OF ARBITRATION

### New

#### 11.2 Seat

**The IBU Court of arbitration has its seat in Salzburg, where the oral hearings also take place.**

#### 11.3 Nomination of Arbitrators

Each member of the IBU shall have the right to nominate two arbitrators who will form a list of arbitrators from which the IBU Court of Arbitration will be assembled for each individual case. The nominations for arbitrators are to be sent **in writing or by e-mail** to the Secretary General of the IBU Court of Arbitration. The IBU Legal Committee shall elect the SG from among its members. The SG shall function as a depositary for the list of arbitrators and shall inform the IBU Member Federations every year by 1 September of the current names on the list.

## ARTICLE 15 APPEAL PROCEEDINGS FOR THE IBU COURT OF ARBITRATION

### 15.1

*The appellant must lodge his appeal with the IBU Court of Arbitration in writing by registered letter to the Secretary General of the IBU Court of Arbitration within twenty-one days after receipt of the relevant decision. All claims must briefly set out their nature and the facts relating thereto and concurrently appoint an arbitrator. The Secretary General of the IBU Court of Arbitration must inform the other party of the claim without delay.*

### New Art 17 Divergences

*In case of any divergences between the IBU Rules and the WADA Rules, the WADA Rules overrule the IBU Rules.*

## 3. IBU EVENT AND COMPETITION RULES

### 1.1 APPLICATION

These Rules must be applied fully at World Championships (WCH), Youth/Junior World Championships (Y/J WCH), World Cups (WC), **IBU Cups and OECH U 26**. At Continental Championships (CCH) and Continental Cups (CC) these rules must be applied in principle and as far as they are applicable. In other international events these rules shall be applied accordingly unless changes have been notified in separate rules or in the invitation. At the Olympic Winter Games (OWG) these rules must be used accordingly, except when otherwise stipulated by the IOC.

### 1.3.12 Annual Schedule of Events

IBU events will be held annually as stated in the event rules or as directed by the EB. The yearly schedules will be published in the IBU Biathlon Calendar. NFs are requested to provide their national **major events and proposals for international competitions** to the IBU Secretary General for publication in the IBU Biathlon Calendar not later than 30 July of each year.

### 1.4.3 Competitor's Responsibility

A competitor may participate in an IBU event or competition only with material, equipment, clothing and advertising that are in accordance with the IBU Material Catalogue. It is the competitor's responsibility to ensure that all rules regarding material and advertising are followed and that he/she undergoes material, equipment and clothing inspections before the start and after the finish. **All competitors** participating in IBU competitions are requested to certify their gender by **way of** their national passport.

#### **1.4.4 Qualification Criteria**

##### **1.4.4.1 Olympic Winter Games**

To gain the right to participate in **OWG** events, a competitor must fulfill one of the following criteria during the current or previous season:

- a. Two results at IBU Cup, OECH U 26 , WCH or WC in the Sprint or Individual that is max. 20% behind the average time of the top three competitors, or**
- b. Two placings in the top half at the JWCH (not Youth), or**
- c. One result from each of the criteria a. and b. above.**

All members of Relay teams must also have met this individual qualification requirement.

##### **1.4.4.2 World Championships**

**To gain the right to participate in WCH events, a competitor must fulfill one of the following criteria during the current or previous season:**

- a. One result at an IBU Cup, OECH U 26 , WC or OWG in the Sprint or Individual that is max. 20% behind the average time of the top three competitors, or**
- b. One placing in the top half at the JWCH (not Youth).**

All members of Relay teams must also have met this individual qualification requirement.

##### **1.4.4.3 World Cup**

**The World Cup season consists of three trimesters generally made up of three WC events each, usually WC 1-3, WC 4-6 and WC 7-9.**

**To gain the right to participate in WC events, a competitor must fulfill one of the following criteria during the current or preceding trimester:**

- a. One result at an IBU Cup, OECH U 26, WCH or OWG in the Sprint or Individual that is max. 20% behind the average time of the top three competitors, or**
- b. One placing in the top half at the JWCH (not Youth).**

**All members of Relay teams must also have met this individual qualification requirement.**

**The qualification criteria achieved at the IBU Cup/OECH U 26, WCH or OWG for the WC are valid only for the trimester in which the competitor begins competing at the WC.**

**To retain the right to participate in the next WC trimester in which a competitor chooses to start, the competitor must achieve one result that is max. 20% behind the average time of the top three competitors, in the current WC trimester in a Sprint or Individual competition.**

##### **1.4.4.4 Force majeure/extraordinary circumstances.**

**Competitors who are hindered in achieving WC qualification at the WC level due to force majeure and/or extraordinary circumstances may submit a petition to the RD for consideration by the competition jury at that event. A special committee consisting of three members, VP Sport, Race Director and the Chairman of the Technical Committee, will determine if the competitor's qualification is to remain valid for the next trimester in which the competitor starts.**

## 1.5 REGISTRATION AND ENTRY

### 1.5.1.1 Registration and Replacements

Registration is the early notification of intent to participate. Numbers of Biathletes and team staff members that may be registered for an event are detailed in the event-specific rules. Registration for events must be done as follows:

a. WCH and Y/JWCH

For the WCH and Y/JWCH, the estimated number of Biathletes and team staff (registration by number) must be received by the OC two months before the beginning (first official training) of the WCH or Y/JWCH. At least 14 days before the official arrival day of the WCH or Y/JWCH, a list of the names and gender of the intended participants (registration by name) must be received from each NF by the OC.

**Registered participants may only be replaced before the first Team Captains Meeting. If the team arrives after the first Team Captains Meeting, replacements must be announced to the OC, and will become binding, on the arrival day.**

b. WC Events

For WC events, the estimated number of Biathletes and team staff (registration by number) must be received by the OC one month before the beginning of the WC. A list of the names and gender of the intended participants (registration by name) must be received by the OC at least 14 days before the official arrival day of the WC.

**Replacements and changes to WC registrations may only be made before the first Team Captains Meeting. If the team arrives after the first Team Captains Meeting, replacements must be announced to the OC and will become binding on the arrival day.**

c. OWG

Registration for the OWG must be in accordance with IOC instructions.

d. Other Events

Registration for all other IBU events shall be at least one month for registration by number and at least 14 days for registration by name.

**Replacements and changes to registrations may only be made before the first Team Captains Meeting. If the team arrives after the first Team Captains Meeting, replacements must be announced to the OC and will become binding on the arrival day.**

e. Accommodation reservation:

**Preliminary accommodation reservations must be submitted to the OC two months before the official arrival day of the WCH/YJWCH, and for all other IBU competitions one month before. Final accommodation reservation must be submitted 14 days before the official arrival day.**

f. OCs' general obligation:

**OCs must present the registration list to the RD/AsstRD at least the day before the first Team Captains Meeting for inspection.**

### 1.5.2 Entry

Entry is the notification of an Athlete or team being entered to start in

a specific competition and must be submitted in writing at least two hours before the draw for the Individual, Sprint and Super Sprint Qualification competitions at **all IBU events.**

Entry for team participation in the Relay and Mixed Relay competition at all IBU events must be made not later than **two hours** before the Team Captains Meeting for the competition or the draw, if one takes place. At OWG, WCH and WC, **NFs must announce their intention to enter a Relay team by 12:00 hours on the day before** the Relay competition. Names of Relay competitors in start order must be submitted by 16:00 hrs on **the day before the relay. In extraordinary circumstances or if competitions are held in the evening, the deadline for submitting the registration of participants will be determined by the RD/Asst. RD/TD.**

Entries for the Pursuit competition are not required as all competitors who qualify for the Pursuit in the qualifying competition are assumed to be entered. Names of qualified Athletes who will not start in the Pursuit competition shall be reported to the competition office as soon as possible and at least two hours before the start.

Entries for the Mass Start competition are not required as qualification is based on current WC Total Score and at WCH on previous competitions. Names of qualified Athletes who will not start in the Mass Start competition shall be reported to the competition office as soon as possible and at least two hours before the start. The number of competitors that may be entered for a competition are stated in the event rules.

Entries for the Super Sprint (Qualification and Final) competition shall be based on an invitation from the OC. The OC, together with the IBU, will define the system of qualification. The OC must provide a current weather forecast 30 minutes before the entry deadline so that the teams will have the latest information for preparing entries.

#### **1.5.4 Late Entries**

a. **The Race Director (RD)/Asst. Race Director/Technical Delegate (TD)** may approve a late entry due to extraordinary circumstances before the draw. b. The Competition Jury may approve a late entry due to force majeure after the draw. The Competition Jury will direct in which position(s) the late competitor(s) will start. A separate draw may be used for this purpose.

#### **1.6.4 Normal Draw for Individual and Sprint Competitions**

**Generally, there are four start groups at all IBU competitions.**

The starting order shall be decided by randomly drawing the names of competitors from the draw groups into which they have been assigned by their Team Captains and by randomly drawing the start number for each

competitor. The draw will be held separately for each group in this sequence: Group 1, Group 2, Group 3, Group 4. If the draw in the Individual or Sprint competition has 60 or **fewer** competitors, the draw will be done in 3 groups. If there are 40 or fewer then the draw will be done in 2 groups following the same principle as for the 4 draw groups.

#### **1.6.4.1 Start group system for WC, WCH and OWG:**

**a. At the WC, competitors must be entered in draw groups as described in 1.6.3.1 above. The top-10 ranked competitors from the current WC Total Score may be placed in any draw group. However, a NF may not place more than three competitors in one of the four draw groups.**

**Additionally, those unranked competitors and/or those ranked outside the maximum of top 80 in the current World Cup Total Score may only be entered in draw groups three and four. For the First Trimester (December World Cups), the World Cup Total Score from the previous season is valid. For the World Cups FROM January ONWARD current World Cup Total Score is valid.**

**In the case of extraordinary weather conditions, the Jury may suspend the requirement for unranked competitors and competitors ranked outside the maximum of top 80 to start in groups three and four. This decision shall be announced at least two hours prior to the entry deadline for the respective competition.**

**b. At the OWG and WCH, competitors must be entered in draw groups as described in 1.6.3.1 above. The top-10 ranked competitors from the current WC Total Score may be placed in any draw group. However, a NF may not place more than two competitors in one of the four draw groups. This includes the current World Champion, who can freely choose his/her own draw group.**

### **2.2.1 Information Bulletins and Invitations**

The OC of an IBU event must send the information bulletins and/or the invitation for the event to all IBU NFs as stipulated in the event rules, on the required dates by post, fax or email. The contents of invitations and bulletins are provided in the Organizers' Guide. **The information bulletins and invitations must be approved by the RD/AsstRD/TD.**

### **2.3.2 Competition Jury Composition**

At all IBU events the Competition Jury shall consist of six members as follows:

- a. the IBU TD as chairperson;
- b. the RD or Asst. RD without the right to vote;**
- c. the Assistant IBU TD at OWG;
- d. the Competition Chief;
- e. three (or two at OWG) team officials elected by the Team Captains.

### **New**

## **2.4 RACE DIRECTOR AND ASSISTANT RACE DIRECTOR**

### **2.4.1 The Race Director is an official appointed by the IBU.**

*The RD represents the IBU in all matters having to do with the conduct of the following events: WC, WCH, Y/JWCH and OWG.*

*The Assistant Race Director is an official appointed by the IBU. The Asst. RD represents the IBU in all matters having to do with the conduct of the following events: IBU Cups, OECH U26 and all summer biathlon events.*

*In addition, the RD/Asst. RD are to act together with the TD as advisors for the OC. OCs shall follow the directions of the RD or Asst. RD in accordance with these Rules.*

*2.4.2 If the appointed official representative of the IBU Executive Board is not present, another member of the Executive Board, the RD/Asst. RD or the TD may perform their function.*

*2.4.3 The RD/Asst. RD shall conduct the necessary inspections and meetings with the OC to ensure proper preparations, or delegate this responsibility to the TD.*

## **2.5 TECHNICAL DELEGATES**

### **2.5.1 General Regulations**

TDs shall be appointed by the IBU TC and shall work under the guidance of the RD/Asst. RD. In the absence of the RD/Asst. RD, the TD shall assume the RD's/Asst. RD's duties.

## **2.6. International Referees**

### **2.6.2 Appointment of IRs**

IRs appointed by the TC for the OWG, WCH, Y/JWCH, WC, and **OECH U 26** must hold a valid TD license. IRs for other events may be appointed by the respective NF or OC and must hold a valid IR license. At **IBU Cup** events, one of them must hold a valid TD license. In order to serve as an IR in another nation, the person must have held a valid IR license for at least four years; however, exceptions may be permitted by the TC.

At OWG, WCH and Y/JWCH, all appointed IRs must be from outside the host nation. For WC and **OECH U 26** events, the IRs Range, Start/Finish, **Course and Material Inspection must be from outside the host nation and must be members of the TD group. At the IBU Cup, the Material Inspection IR may not be from the host nation. At CCH and CC all IRs may be from the host nation.**

### **3.2.4 Relay, Group and Mass Start Competition Start Area**

The start area must be laid out in such a way that all the competitors will be required to ski the same distance until they reach the common course. A minimum of ten straight, parallel sets of tracks, with a minimum of 1.2 m between each set of tracks (measured from center to center), must be set for a minimum of 35 m from the start line. The number of start tracks will depend on the space available and the number of Relay teams entered, with the objective of having the fewest possible start rows. If there is more than one start row, the distance between rows must be **5 m**.

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### 3.4.6 Wind Flags

At competitions and official training, wind flags must be installed at the side of **every second shooting lane** beginning at the right side of lane 1, at 5 m from the shooting ramp and 20 m from the target. The flags must be placed so that the top edge of the flag is at the same level as the bottom edge of the targets and cannot obstruct a direct line of sight to the targets.

## 3.5 FINISH AREA

### 3.5.1 General

The finish zone begins on the competition trail at the finish line and ends at the finish equipment/material and clothing inspection point and must be at least 30 m long and 8 m wide without obstruction. The last 50 m before the finish line must be straight and **9 m wide divided into three equal lanes, with markers that do not interfere with skis**. Only officials, finishing competitors and specially authorized TV personnel under supervision of the IR Start/Finish are permitted in the finish zone.

## 5.5 SKI TESTING

It is forbidden to use electronic timing equipment on the competition course. Electronic ski testing **can only be done in an area exclusively** designated for ski testing.

**The TD in coordination with the RD, may authorize ski testing on the competition course considering width and configuration.**

**Those authorized ski testing zones must be clearly marked. Electronic ski testing devices must be removed from the course at least 5 minutes before the start.**

### 9.2.6 Photo-Finish

At OWG, WCH, Y/JWCH, WC, and **OECH U 26** in Pursuit, Mass Start and Relay competitions, a photo-finish camera must be installed at the finish line to record the finish. The camera must be placed exactly in line with the finish line and in such a position that the entire finish line is seen by the camera. If the photo-finish record is required to decide the order of finish, the order in the photo-finish record shall determine the placings. The decision shall be based on the first part of the first foot crossing the finish line. **If there is a photo finish, the Jury shall decide the finish order based on the photo finish record.**

### 3.3.2 Altitude, Width, Gradient and Length

The maximum altitude of any part of the course may not be higher than 1800 m above sea level, unless an exception is specifically authorized by the IBU EB in necessary circumstances. For all IBU events, the course must have a minimum width of 6 m of groomed snow surface. In places like difficult

climbs, ***the uphill gradient of the course may not exceed 30% and if required the trail must be even wider.*** If narrower sections such as bridges or mountain passes are unavoidable, The narrow parts may not be less than 4 m wide or longer than 50 m. The actual length of the course may not differ by more than 5 % from the length specified for the competition.

**New**

**13.3 National Federation Quota**

***The NF Registration and Entry Quota for the OWG shall be based on NF's ranking of Nations Cup Points achieved at the two preceding World Championship events, scoring the top three athletes of each NF in the Individual, Sprint, and Relay competitions. Further details are determined by agreement between the IOC and IBU EB.***

***Note: for the OWG 2010, the Relay competition will not count and the IBU Point system will be used as described in the letter to the IOC dated 20 May 2007.***

**14. CONTINENTAL CHAMPIONSHIPS AND CONTINENTAL CUPS – EVENT RULES**

**14.1 CONTINENTAL CHAMPIONSHIPS**

**14.1.1 General**

The CCH are IBU events that are organized under its jurisdiction jointly for Men, Women, Junior Men and Junior Women.

These rules shall apply to the following championships:

- a. Asian Championships (ACH)
- b. **Open European Championships U 26 (OECH U 26)**
- c. North American Championships (NACH)
- d. South American Championships (SACH).

FOR CCHs, the host will be appointed two years in advance of the event by the EB based on recommendations by the TC. OECH U 26 are subject to an event hosting declaration.

**14.2 CONTINENTAL CUPS**

**14.2.1 General**

The CC are IBU events that are organized under its jurisdiction. They can be organized as joint event series for Men, Women, Junior Men, Junior Women, Youth Men and Youth Women. The CCH rules shall apply to CC with the following exceptions. The following CC Series are authorized:

- a. Asian Cup (AC)
- b. **IBU Cup (Open European Cup)**
- c. North America Cup (NAC)
- d. South America Cup (SAC).

## 15.6 PARTICIPATION

### 15.6.1 Registration and Entry Quotas

Based on the previous year's Nations Cup Score final standings, NFs may participate with the following numbers of male and female competitors respectively at WC events:

Individual and Sprint Competitions

The quota is based on the NF's ranking in the previous season's Nations Cup Score:

<b>NF Cup Ranking</b>	<b>Register</b>	<b>Enter</b>
<b>1 - 4</b>	<b>8</b>	<b>7</b>
<b>5 - 8</b>	<b>7</b>	<b>6</b>
<b>9 - 12</b>	<b>6</b>	<b>5</b>
<b>13 - 22</b>	<b>5</b>	<b>4</b>
<b>23 - up</b>	<b>5</b>	<b>2</b>

**15.6.2 Additional Start Rights at WC Final on the basis of IBU Cup Total Score. For the World Cup Final, the winner of the IBU Cup Total Score for men and women can be entered in addition to the NF quota and the respective NFs shall receive additional funding (as determined annually by the EB) for this competitor's participation. Furthermore, NFs are allowed to enter competitors in addition to the quota based on how many competitors they have ranked in the top 10 of the IBU Cup Total Score Final Standing up to a maximum of two per NF. The NF is free to use these additional entries for any qualified competitor.**

### 15.8.2.1 World Cup Points

At each WC, WCH or OWG Individual, Sprint, Pursuit, Mass Start and Relay competition, a first place shall give the competitor (Relay)

- 1. place 60 Points;**
- 2. place 54 Points;**
- 3. place 48 Points;**
- 4. place 43 Points;**
- 5. place 40 Points;**
- 6. place 38 Points;**
- 7. place 36 Points;**
- 8. place 34 Points;**
- 9. place 32 Points;**
- 10. place 31 Points further decreasing by one down to ... 40. place (1 Point).**

### 15.8.2.2 Nations Cup Points

At each IBU Cup, WC, WCH or OWG Individual and Sprint competition the following points are awarded:

- 1. place 160 points**
- 2. place 154 points**
- 3. place 148 points**
- 4. place 143 points**

- 5. place 140 points**
- 6. place 138 points**
- 7. place 136 points**
- 8. place 134 points**
- 9. place 132 points**
- 10. place 131 points and then decreasing by one point down to the last place.**

**ANNEX D**  
**RULES FOR CONTINENTAL CHAMPIONSHIPS .....**  
**1. GENERAL**

*Continental Championships are an event under the jurisdiction of the IBU. All Member Federations of the concerned continents shall be responsible for Organizing the Continental Championships. They take place annually.*

**2. Open European Championships U 26**  
**2.1 Participants**

*Competitors must be members of an IBU NF. Men's and Women's classes are restricted to those competitors who will be not older than 26 years of age in the calendar year of the respective Championships (U26 Men, U26 Women, Junior Men and Junior Women). All NFs of the IBU may register up to six competitors in each class to participate in the OECH U26 and up to an equal number of team staff per NF team. Four competitors from each NF may be entered to start per category in the Individual and Sprint competitions. Each NF may enter one Relay team per category in the Relay competition. The 60 best competitors of the qualification competition from each class will be eligible to start in the Pursuit competition. Additionally, the NFs of the Individual and Sprint champions of the previous year's OECH U26 will be granted the right to enter them at the OECH U 26 Individual and Sprint competitions, in addition to their NF's quota, provided they are entered within the respective class from the prior season.*

**2.2 Competition Program**

*The competition program consists of the Individual, Sprint, Pursuit and Relay competition.*

**2.3 Event and Competition Rules**

**2.3.1 Scope**

*The IBU Event and Competition Rules shall apply to the OECH U 26 with the following deviations:*

**2.3.2 Classes of Competitions**

*At OECH U 26 no separate competitions for youth will be organized.*

**2.3.3 Start Sequence in Relay and Pursuit Competitions**

*The classes will start in the following sequence:*

- Men - Junior Men*
- Women - Junior Women.*

**3. ENTRY INTO FORCE**

*These Rules shall enter into force in the season 2008/2009.*

**ANNEX E**  
**RULES FOR CONTINENTAL CUP EVENTS**

**1. IBU CUP EVENTS**

1.1 GENERAL

The number of **IBU Cup events** in each competition season shall be set by the IBU Executive Board upon recommendation by the TC. The TC shall make recommendations to the EB, which will decide how many and what types of competitions shall be organized at an event. This information shall be included in the IBU Biathlon calendar.

**No IBU Cup Points will be awarded at the OECH U26.**

**1.2 COMPETITORS AND ENTRIES**

**Each NF may register 8 and enter seven (7) competitors in each class, Men and Women. The Host NF may enter an additional five competitors per class. All entered competitors shall be eligible to earn IBU Cup points.**

**1.3 SCORING**

**For IBU Cups, IBU Cup points are awarded as described in the Rules for the World Cup Points (15.8.2.1, 15.8.2.2).**

**ANNEX F**

**COMPETITION RULES SUMMER BIATHLON**

1.2 Competition Specifications

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**Notes to Table at 1.2**

Column 1: Class of Competitor: according to these Rules.

MEN 7 KM INDIVIDUAL P, S, P, S 30 seconds

4 KM SPRINT P, S 70 m penalty loop

6 KM PURSUIT P, P, S, S 70 m penalty loop

6 KM MASS START P, P, S, S 70 m penalty loop

4 x 4 KM RELAY P, S (each) + 3 spare 70 m penalty loop rounds per bout

**2 x 3 + 2 x 4 km Mixed Relay, each P,S + 3 reserves each, 70m penalty loop**

WOMEN 6 KM INDIVIDUAL P, S, P, S 30 seconds

3 KM SPRINT P, S 70 m penalty loop

5 KM PURSUIT P, P, S, S 70 m penalty loop

5 KM MASS START P, P, S, S 70 m penalty loop

4 x 3 KM RELAY P, S (each) + 3 spare 70 m penalty loop rounds per bout

**2 x 3 + 2 x 4 km Mixed Relay, each S,P + 3 reserves each,70m penalty loop**

JUNIOR MEN 7 KM INDIVIDUAL P, S, P, S 30 seconds

4 KM SPRINT P, S 70 m penalty loop

6 KM PURSUIT P, P, S, S 70 m penalty loop

6 KM MASS START P, P, S, S 70 m penalty loop

3 x 4 KM RELAY P, S (each) + 3 spare 70 m penalty loop rounds per bout

**2 x 3 + 2 x 4 km Mixed Relay, each P, S + 3 reserves each, 70 m penalty loop**

JUNIOR WOMEN 6 KM INDIVIDUAL P, S, P, S 30 seconds

3 KM SPRINT P, S 70 m penalty loop

5 KM PURSUIT P, P, S, S 70 m penalty loop

5 KM MASS START P, P, S, S 70 m penalty loop

3 x 3 KM RELAY P, S (each) + 3 spare 70 m penalty loop rounds per bout

**2 x 3 + 2 x 4 km Mixed Relay, each P, S + 3 reserves each, 70 m penalty loop**

**2. ROLLER BIATHLON**

**2.1 GENERAL REGULATIONS**

Roller skiing with small-bore shooting (Roller Biathlon) is a form of Summer Biathlon which is conducted in a similar fashion to Winter Biathlon, without snow. In principle, all IBU Event and Competition Rules shall apply unless other regulations are formulated in this Annex.

The competitions may only be carried out with roller skis of the same type and model. The OC will announce this in the invitation. For the WCH, the IBU will define the type and model of the roller skis and provide these roller skis. Competitors must bring their own ski boots, bindings, **ski poles** and helmets. Helmets shall be worn during all types of training and competition. The rifle will either be carried on the course or left at the

shooting range. If the rifle is left at the shooting range, racks with numbers must be set up there. The racks are to be placed so that the track to and from the shooting lanes passes them. The invitation shall state whether the rifle will be carried during the competition or left at the shooting range.

**2.2.2 Inspection of equipment/clothing: the jury and the OCs are to provide for a technical inspection of the roller skis. The participants' roller skis must be put through an inspection after the Official Training. The inspection will be of the model, the type and the speed of the roller skis. The participants will get their roller skis with an approval marking immediately before the start. Athletes shall be permitted to start with additional knee and elbow pads as well as padding for other parts of the body.**

### 2.3 COMPETITION VENUES

Venues that have been specifically built for Winter Biathlon are particularly suitable for Roller Biathlon competitions. However, the competitions can also be conducted on regular roads which are closed to traffic during the competition. All surfaces on which the competitors will roller ski must be asphalted. **The last 50 m before the finish line must be straight and flat.**

#### 2.3.1 Start and Finish Areas

The start area for single starts must have a straight start line at right angles to the skiing direction. The start line for group or simultaneous starts must be placed so that the competitors have to ski the same distance. **The finish area must be straight and flat for 50 m after the finish line.**

### 2.5 REGISTRATION AND ENTRY

**2.5.1. For WCH and ECH, NFs may register and enter up to six competitors in each respective category of Cross and of Roller Biathlon.**

**2.5.2 For SB Cups, NFs may register and enter up to eight competitors in each respective category of Cross and of Roller Biathlon. An NF can register and enter more competitors with the consent of the TD and Asst. RD. The additional competitors must be entered in an extra draw group placed in front of the normal draw groups.**

## 4. THE IBU ANTI-DOPING RULES

New

### 3. Anti – Doping Panel

The EB is to establish a separate IBU Anti Doping Panel that is to be given charge of processing and, if need be, deciding in doping affairs.

Note: The Congress hereby tasks the Executive Board to compile the necessary regulations regarding the establishment, mission and work methods of an Anti-Doping Panel, and incorporate them into the appropriate IBU Rules.

**4.9** A minimum of 30 male and 30 female athletes will comprise the IBU Registered Testing Pool (IBURTP). These athletes are selected based on the prior year World Cup Final Score. Athletes can be added to the IBURTP by virtue of their placing in the top twenty of any IBU World Cup ranking competition. Athletes can also be added when a change in performance or hematological profile is deemed significant when evaluated by the MC. Also Athletes who are serving periods of ineligibility as consequences of anti-doping rule violations are to be part of the IBURTP. Athletes **who apply for a haemoglobin exemption will be added automatically to the IBURTP**. Athletes belonging to the IBURTP are obligated to provide their whereabouts electronically via ADAMS (Anti-Doping Administration and Management System) for the duration of **three months** in advance, to enter this information at the latest on the day before the previous month, and in doing to specify for at least one hour per day where they can be located. This information must be provided to the IBU and WADA. They must update this information using ADAMS as necessary so that it is current at all times.

***This does not affect an athlete's obligation to be available for Tests at any time and at any location.***

***The Athlete may be subjected to a test at any time and at any location, regardless of whether or not he/she has stated that time and that location as his/her hour of availability on the day concerned in his whereabouts information. However, if the athlete is not available for a test during the hour specified in his whereabouts information at the stated location on the day concerned, and has not correctly changed his/her whereabouts information to the effect of providing statement of an alternative time and location for the day concerned, this non-compliance is to be deemed a Missed Test and shall thus constitute an infringement of the obligation to provide whereabouts information.***

This Whereabouts Information shall be shared by the IBU with WADA and other Anti- Doping Organizations having jurisdiction to test an Athlete on the strict condition that it be used only for Doping Control purposes. The NFs are obligated to **support** the providing of the Whereabouts Information by their Athletes.

**4.11** In addition to Athletes included in the IBURTP, the Chairperson of the IBU MC may select Athletes for IBU Target Testing based on the following

criteria:

4.11.1. ....4.11.9.

**4.11.10 haemoglobin scores exceed 17.5 g/dl (males) or 16 g/dl (females) at any time or the off model score exceed 133.2 (males) or 121.4 (females), or off model scores less than 80 (males) or 65 (females)**

## **5. SPECIAL SITUATIONS FOR SUBSTANCE USE IN SPECIFIED MEDICAL CONDITIONS**

**5.1** All IBU Athletes with a documented medical condition requiring the Use of a Prohibited Substance or a Prohibited Method must first obtain a therapeutic use exemption (**TUE**) **communicated via ADAMS** by the IBU Therapeutic Use Exemption Committee, which shall consist of three members of the IBU MC, all of them appointed by the chairperson of the IBU MC....

All TUEs granted by the IBU shall be reported to the respective Athlete's NF and to WADA **via ADAMS**. TUEs granted by the NFs for Athletes competing on the national level must be promptly reported to the IBU and to WADA.

**5.2** Requests of Athletes for a TUE by the IBU must be submitted by the **National Federation Doctors, typewritten, with documentation, in English language and without any abbreviations**, except in emergency situations, not later than 21 days before the Athlete's participation at an IBU competition **via ADAMS**....

## **8.2 MODE OF SELECTION OF ATHLETES FOR BLOOD TESTING**

**8.2.1** a) Before each competition....

**New**

**h) Each Organizing Committee of an event as specified above shall make available to the Medical Delegate and the Medical Assistant one phlebotomist starting at least one day before the first official day of the competition and extending till the end of the last competition.**

**New 8.2.1.2**

**The Medical Committee under the direction of the Chairman of the Medical Committee reserves the right to do blood testing on as many athletes as they deem necessary the day before the competition for each IBU event.**

**8.4.2**

**Consequences of Exceeded Haemoglobin Values and Off Model Scores**

a. If the final result exceeds 17.5 g/dl (males) or 16 g/dl (females), **or if the off model score exceeds 133.2 (males) or 121.4 (females)**, the respective Athlete will be subject to a suspension...

**f. If the off model score is less than 80 (males) or 65 (females), the athlete has to undergo an EPO Test, but will not be suspended.**

**g. An athlete with natural high haemoglobin – exceeding the limits described above under article 8.4.2.a – values has the possibility to send certifications to the IBU, stating that he has natural high values. The certifications must include the medical diagnosis supporting the elevated haemoglobin, including historical and haematological data. The statement by the**

**evaluating haematologist must certify that the athlete is safe to compete with his medical condition within the spectrum of biathlon training and competition. These certificates have to be submitted to the IBU HQ to the attention Chairman of the IBU Medical Committee for approval. The Chairman has to receive this documentation at the latest 14 days before the first competition of the season in which the athlete wants to start. Athletes submitting applications described above become with immediate effect members of the IBU Registered Testing Pool. The athlete must submit an application annually.**

The IBU MC shall have the right to re-test these Athletes at each competition where blood testing is intended.

h. The blood re-testing performed or supervised by the IBU MC will be conducted immediately before the normal blood testing.

i. The Athlete will immediately undergo a urine test according to Article 7.2 above.

#### **New**

#### **10. Implementation of the Olympic Movement Medical Code**

**10.1. The Olympic Movement Medical Code is considered an integral part of the IBU Medical Rules.**

**10.2. An IBU Medical Complaints Committee is, herewith, established. It consists of three members elected by and from among the members of the IBU Medical Committee. The chairman of the IBU Medical Committee is also chairman of the IBU Medical Complaints Committee.**

**10.3. The IBU Medical Complaints Committee is responsible to deal with violations of the Olympic Movement Medical Code at IBU events.**

**10.4. Such alleged violation must be brought to the attention of the chairman of the IBU Medical Complaints Committee via the IBU Headquarters in writing and within 21 days after its occurrence.**

**10.5. The Complaints Committee shall explore the facts of the case and prepare a report to the IBU Executive Board, which shall include a recommendation on which measures to undertake to solve the case. It shall not be restricted in the admission or evaluation of evidence. It shall sit in person or via phone or internet conference and is entitled to hear the persons involved in person or via phone or internet. The report shall be finalized at the latest 1 month after the receipt of the allegation.**

**10.6. Based on the report of the IBU Complaints Committee, the IBU Executive Board can order all necessary measures, including sanctions. Art. 7 IBU Constitution and Art. 13 IBU Disciplinary Rules apply accordingly. With regard to sanctions, depending on the seriousness of the violation and the circumstances of the case, the IBU Executive Board can apply either Art. 8.1 or 8.2.1 IBU Disciplinary Rules accordingly.**

#### **New**

#### **Art 11 Divergences**

**In case of any divergences between the IBU Rules and the WADA Rules, the WADA Rules overrule the IBU Rules.**

## 5. Other Rule Changes

### **Prize money quota allocation**

At all men's and women's Individual, Sprint, Pursuit and Mass Start competitions held as part of the IBU World Cup, the total prize money intended for each competition should be divided up across ranks 1 through 10.

### **Adoption of the WADA World Anti-Doping Code**

The Congress shall adopt the 2009 WADA World Anti-Doping Code in its entirety. The Executive Board shall be authorized to carry out all the necessary amendments to the IBU Rules (Anti-Doping Rules, Disciplinary Rules, Event and Competition Rules) arising from the new WADA World Anti-Doping Code by the time the WADA World Anti-Doping Code comes into effect on 1 January 2009.

Note: A precondition for remaining part of the Olympic Program is that the IBU accepts and implements the WADA World Anti-Doping Code in its entirety.

### **Editorial changes**

The **Executive Board of the IBU** shall be authorized to freely make necessary editorial changes within the IBU Event and Competition Rules or within other IBU Rules in agreement with the decisions reached by this Congress.